

**Pocket Almanac
AND
Account Book.**

Belonging to

M B Lock

Mineral Wells

BROWN'S IRON BITTERS

cures

Dyspepsia Malaria,

Weakness and Indigestion

A True Tonic

DR. METTAUR'S PILLS.

DR. METTAUR'S PILLS are a certain relief for the three most annoying disorders of the system:

HEADACHE,

CONSTIPATION,

BILIOUSNESS.

HEADACHE, either nervous or from a sick stomach, is relieved in a few hours. If the pills are taken regularly, certain permanent relief from this troublesome affection will be experienced.

CONSTIPATION is speedily cured by DR. METTAUR'S PILLS when ordinary care is taken. To effect a permanent cure for this disease that is so very troublesome to ladies and all persons who are obliged to lead a sedentary life, a week's trial should be given DR. METTAUR'S PILLS, when the bowels will become regular.

BILIOUSNESS.—The cure from this trouble can only be temporary, because what produces bile one time in excess will do it again, if the system is not most closely watched and cleansed often. DR. METTAUR'S PILLS will do this without a doubt. And the great advantage of using them is, they are thorough, do not gripe, or leave bad effects, such as piles, etc.

DR. METTAUR'S PILLS

with full directions for a complete cure will be mailed to any address on receipt of price,

TWENTY-FIVE CENTS IN POSTAGE STAMPS.

SOLE PROPRIETORS,

BROWN CHEMICAL COMPANY,

BALTIMORE, MD.

1197
1025
1772

THE DISEASES OF THE STOMACH.

1375 — 845

The process of digestion and assimilation of food is one of the most complicated in the whole body, and its healthy performance requires the presence of a number of conditions. The digestive process begins with the mastication of food and its thorough mixture with the saliva which is freely secreted during eating. All food taken into the system should be pure, well cooked and nutritious. Persons who suffer with indigestion must abstain from the use of foods which disagree with them. Every one is not affected in the same way, and therefore each person must learn by his own individual experience which articles of food digest well and which do not digest well. To secure good digestion, mastication (chewing) should be carefully performed, too much water should not be taken during eating, and a certain amount of time should be consumed in taking food. Worry of mind and body predisposes to indigestion; fatigue has the same effect. Therefore, to enjoy good health in this respect, eat good wholesome food, in a slow, careful manner, and when not worn down with fatigue and disturbed in mind. As an assistant for all stomach troubles use *Brown's Iron Bitters*.

Impure and Impoverished Blood.

The constituents of the blood in health are red and white blood corpuscles, the serum, fibrin and salts, such as potash, soda, lime, etc. Water makes up about 90 per cent and the other constituents the remaining 10 per cent. The blood is the great nutritive medium which carries the necessary supply to the entire system. It distributes food along the whole route of the circulation and it brings from the remote portion of the body the waste elements which must be thrown off from the system. It pays the same part to the entire system that a large river does to a large city. It brings the food for the inhabitants on its bosom, and it carries out to the sea all the foul matter and dangerous products which have flown into it from the city sewer.

Considering then the importance of the blood to good health, one can understand how disease of this fluid will impair health. The red blood corpuscles are the great oxygen carriers; that is, they take up oxygen from the air in the lungs and distribute it throughout the system. Oxygen assists in the combustion of the tissues as much as air assists in the combustion of fuel on the fire. The result of combustion in the tissues of the body as well as on the fire-place is a gas known as carbonic acid gas. This gas must be taken from the tissues and eliminated from the system. The red blood corpuscles conduct this exchange of gases, they also play an important part in the general nutrition of the body. When absent from the blood, either from disease or from blood lost by hemorrhage, the vigor of the system is impaired. This is just what Anæmia means, a loss of red blood corpuscles. Anæmia may be due to general diseases of the system, as Consumption, Bright's Disease, Scrofula, Low Fevers, and the like. Malaria is a very common cause.

To enrich and purify the blood take *Brown's Iron Bitters*.

JANUARY.

1st mo. 31 days.

Moon's Phases.

	D.	H.	M.
New Moon.	1	4	1 ev.
First Quar.	8	7	33 ev.
Full Moon.	17	12	29 mo.
Last Quar.	24	10	50 mo.
New Moon.	31	4	2 mo.

Day of Month.	Day of Week.	Washington Time.		
		Sun Rises.	Sun Sets.	Moon R. & S.
1	Tu	7 19	4 49	sets
2	W	7 19	4 50	6 12
3	Th	7 19	4 51	7 12
4	Fr	7 19	4 52	8 24
5	Sa	7 19	4 52	9 30
6	Sun	7 19	4 53	10 48
7	M	7 19	4 54	11 56
8	Tu	7 19	4 55	morn
9	W	7 19	4 56	12 6
10	Th	7 19	4 57	1 38
11	Fr	7 19	4 58	2 28
12	Sa	7 18	4 59	3 27
13	Sun	7 18	5 0	4 20
14	M	7 18	5 1	5 18
15	Tu	7 17	5 2	6 20
16	W	7 17	5 3	rises
17	Th	7 17	5 4	5 57
18	Fr	7 16	5 5	6 49
19	Sa	7 16	5 6	7 42
20	Sun	7 15	5 7	8 59
21	M	7 14	5 8	9 59
22	Tu	7 14	5 9	10 39
23	W	7 13	5 10	morn
24	Th	7 12	5 12	12 0
25	Fr	7 12	5 13	12 30
26	Sa	7 11	5 14	1 27
27	Sun	7 10	5 15	2 22
28	M	7 10	5 16	3 16
29	Tu	7 9	5 17	4 14
30	W	7 8	5 19	5 10
31	Th	7 7	5 20	sets

FEBRUARY.—MEMORANDUM.

Handwritten notes:
 \$ 1234 22.02
 435 3.04
 24 5.08
 86 7.12
 74 8.15
 33 1.04
 \$ 888
 1151

Handwritten signature: *Robert R. R.*

Facts.

It is a Fact interesting to Ladies, that *Brown's Iron Bitters* will afford relief from all Female Infirmities. It will not injure or discolor the teeth. All other iron preparations do.

It is a Fact that *Brown's Iron Bitters* will cure your Headache and Constipation. You needn't suffer from dizziness if you use *Brown's Iron Bitters*.

It is a Fact that *Brown's Iron Bitters* will cure Dyspepsia and Indigestion. Prevention is better than cure. Keep a bottle by you, use occasionally, and you won't suffer these tortures.

It is a Fact that *Brown's Iron Bitters* will cure Rheumatism and Neuralgia—you have suffered from them. You don't need advice to obtain a remedy that is sure to relieve you.

It is a Fact that *Brown's Iron Bitters* purifies and enriches the blood and cures Biliousness. Buy a bottle and use it. Do you lead a sedentary life? You feel languid, have that Tired Feeling. Are your Nerves prostrated, Brain exhausted? Relief and cure result from the use of *Brown's Iron Bitters*.

It is a Fact that *Malaria and Chills* and Fevers yield to the use of *Brown's Iron Bitters*. It is a better remedy than any other: try it. That Spring Fever from which you suffer, should be attended to at once.

It is a Fact that the preparation of *Brown's Iron Bitters* adapts it particularly to the cure of Spring Fever. It is a specific. If taken in time it will prevent an attack. Don't forget the children, they suffer from want of strength at this season of the year. *Brown's Iron Bitters* is a purely temperance medicine, and is the only iron preparation that is safe to give the children.

It is a Fact that *Brown's Iron Bitters* is the only iron preparation universally recommended by Physicians and Chemists as the best. It is the best, the safest, the purest medicine for all disorders of the Stomach, Liver and Blood.

MARCH.

3d mo. 31 days.

Moon's Phases.

	D.	H.	M.
New Moon.	1	4	53 ev.
First Quar.	9	12	52 ev.
Full Moon.	17	6	40 mo.
Last Quar.	24	1	47 mo.
New Moon.	31	6	30 mo.

Day of Month.	Day of Week.	Washington Time.		
		Sun Rises.	Sun Sets.	Moon R. & S.
1	Fr	6 33	5 53	sets
2	Sa	6 31	5 54	6 45
3	Sun	6 29	5 55	7 44
4	M	6 27	5 56	8 47
5	Tu	6 25	5 57	9 53
6	W	6 23	5 58	10 51
7	Th	6 21	5 59	11 50
8	Fr	6 19	6 0	morn
9	Sa	6 18	6 1	12 37
10	Sun	6 16	6 2	1 27
11	M	6 15	6 3	2 16
12	Tu	6 13	6 4	2 49
13	W	6 12	6 5	3 51
14	Th	6 10	6 6	4 27
15	Fr	6 9	6 7	5 13
16	Sa	6 7	6 8	5 54
17	Sun	6 5	6 9	rises
18	M	6 3	6 10	7 32
19	Tu	6 0	6 11	8 42
20	W	5 59	6 12	9 55
21	Th	5 58	6 13	10 57
22	Fr	5 57	6 14	11 59
23	Sa	5 56	6 15	morn
24	Sun	5 55	6 16	12 32
25	M	5 54	6 17	1 28
26	Tu	5 53	6 18	2 22
27	W	5 52	6 19	3 19
28	Th	5 51	6 20	4 12
29	Fr	5 50	6 21	5 5
30	Sa	5 49	6 21	5 41
31	Sun	5 47	6 22	sets

MARCH.—MEMORANDUM.

I am going

Ague, Chills and Fevers.

In certain sections of the country Ague, Chills and Fevers is a very common disease. This disease is due to a poisoned atmosphere arising from the decomposition of vegetable matters, and is confined chiefly to the low and swampy countries bordering large rivers, bays and lakes. The disease may, however, occur in high lands and in large cities. Where ever it is found its symptoms are easily recognized. Chills and Fevers occur with daily or alternate daily attacks. The person so affected is rendered sick, low spirited and incapacitated for continued work. If the disease is not controlled by reliable remedies, the blood becomes impoverished, the general health is impaired, and the whole system is rendered feeble, while the sufferer becomes pale and emaciated.

The best remedy which will combat this disease is Brown's Iron Bitters. The secretions must also be kept in good condition, as the kidneys and bowels aid in the elimination of the poisons and assist Brown's Iron Bitters in effecting a cure.

—:O:—

Poor Appetite.

As a rule a poor appetite indicates a faulty digestion and a torpid state of the bowels and liver. In health the appetite is invariably good; in disease it is almost invariably poor, hence it represents a faulty state of the system. It is usually present in malarial diseases, in pulmonary diseases, and in stomach and bowel diseases.

To improve a poor appetite and build up a run-down system, good and attractive food is very necessary; next the bowels and kidneys must be kept well regulated and in good order.

Brown's Iron Bitters is always required to give tone to the system and quality to the blood. As a rule, there is more or less Anæmia in those persons who suffer with a habitually poor appetite, which is immediately removed by this remedy.

APRIL.

4th mo. 30 days.

Moon's Phases.

	D.	H.	M.
First Quar.	8	8	40 mo.
Full Moon.	15	5	11 ev.
Last Quar.	22	8	11 mo.
New Moon.	29	8	57 ev.

Day of Month.	Day of Week.	Washington Time.			
		Sun Rises.	Sun Sets.	Moon R. & S.	
		H M	H M	H M	
1	M	5 46	6 23	7 4	
2	Tu	5 45	6 24	7 54	
3	W	5 43	6 25	8 52	
4	Th	5 41	6 26	9 47	
5	Fr	5 40	6 27	10 44	
6	Sa	5 38	6 28	11 40	
7	Sun	5 36	6 29	morn	
8	M	5 35	6 30	12 29	
9	Tu	5 33	6 31	1 32	
10	W	5 31	6 32	2 20	
11	Th	5 30	6 33	3 5	
12	Fr	5 28	6 34	3 45	
13	Sa	5 27	6 35	4 24	
14	Sun	5 26	6 36	4 57	
15	M	5 24	6 37	rises	
16	Tu	5 23	6 38	7 40	
17	W	5 22	6 39	8 53	
18	Th	5 20	6 40	10 6	
19	Fr	5 19	6 41	11 10	
20	Sa	5 17	6 42	morn	
21	Sun	5 16	6 43	12 17	
22	M	5 14	6 44	1 10	
23	Tu	5 13	6 45	1 54	
24	W	5 12	6 46	2 30	
25	Th	5 10	6 46	3 4	
26	Fr	5 9	6 47	3 54	
27	Sa	5 8	6 48	4 20	
28	Sun	5 6	6 49	4 58	
29	M	5 5	6 50	sets	
30	Tu	5 3	6 51	7 30	
....	

APRIL.—MEMORANDUM.

Table of Wages by the Week.

This table is based upon the usual calculation of 10 hours to a day.

WAGES.	One hour.	Two hours.	Five hours.	Eight hours.	Nine hours.	One day.	Two days.	Three days.	Four days.	Five days.	Six days.
\$3.00	.05	.10	.25	.40	.45	.50	1.00	1.50	2.00	2.50	3.00
4.00	.06 $\frac{2}{3}$.13 $\frac{1}{3}$.33 $\frac{1}{3}$.52 $\frac{1}{3}$.60	.66 $\frac{2}{3}$	1.33 $\frac{1}{3}$	2.00	2.66 $\frac{2}{3}$	3.33 $\frac{1}{3}$	4.00
5.00	.08 $\frac{1}{3}$.16 $\frac{2}{3}$.41 $\frac{2}{3}$.66 $\frac{2}{3}$.75	.83 $\frac{1}{3}$	1.66 $\frac{2}{3}$	2.50	3.33 $\frac{1}{3}$	4.16 $\frac{2}{3}$	5.00
6.00	.10	.20	.50	.80	.90	1.00	2.00	3.00	4.00	5.00	6.00
7.00	.11 $\frac{2}{3}$.23 $\frac{1}{3}$.58 $\frac{1}{3}$.93 $\frac{1}{3}$	1.05	1.16 $\frac{2}{3}$	2.33 $\frac{1}{3}$	3.50	4.66 $\frac{2}{3}$	5.83 $\frac{1}{3}$	7.00
8.00	.13 $\frac{1}{3}$.26 $\frac{2}{3}$.66 $\frac{2}{3}$	1.06 $\frac{2}{3}$	1.20	1.33 $\frac{1}{3}$	2.66 $\frac{2}{3}$	4.00	5.33 $\frac{1}{3}$	6.66 $\frac{2}{3}$	8.00
9.00	.15	.30	.75	1.20	1.35	1.50	3.00	4.50	6.00	7.50	9.00
10.00	.16 $\frac{2}{3}$.33 $\frac{1}{3}$.83 $\frac{1}{3}$	1.33 $\frac{1}{3}$	1.50	1.66 $\frac{2}{3}$	3.33 $\frac{1}{3}$	5.00	6.66 $\frac{2}{3}$	8.33 $\frac{1}{3}$	10.00
11.00	.18 $\frac{1}{3}$.36 $\frac{2}{3}$.91 $\frac{2}{3}$	1.46 $\frac{2}{3}$	1.65	1.83 $\frac{1}{3}$	3.66 $\frac{2}{3}$	5.50	7.33 $\frac{1}{3}$	9.16 $\frac{2}{3}$	11.00
12.00	.20	.40	1.00	1.60	1.80	2.00	4.00	6.00	8.00	10.00	12.00
13.00	.21 $\frac{2}{3}$.43 $\frac{1}{3}$	1.08 $\frac{1}{3}$	1.73 $\frac{1}{3}$	1.95	2.16 $\frac{2}{3}$	4.33 $\frac{1}{3}$	6.50	8.66 $\frac{2}{3}$	10.83 $\frac{1}{3}$	13.00
14.00	.23 $\frac{1}{3}$.46 $\frac{2}{3}$	1.16 $\frac{2}{3}$	1.86 $\frac{2}{3}$	2.10	2.33 $\frac{1}{3}$	4.66 $\frac{2}{3}$	7.00	9.33 $\frac{1}{3}$	11.66 $\frac{2}{3}$	14.00
15.00	.25	.50	1.25	2.00	2.25	2.50	5.00	7.50	10.00	12.50	15.00
16.00	.26 $\frac{2}{3}$.53 $\frac{1}{3}$	1.23 $\frac{1}{3}$	2.13 $\frac{1}{3}$	2.40	2.66 $\frac{2}{3}$	5.33 $\frac{1}{3}$	8.00	10.66 $\frac{2}{3}$	13.33 $\frac{1}{3}$	16.00
17.00	.28 $\frac{1}{3}$.56 $\frac{2}{3}$	1.41 $\frac{2}{3}$	2.26 $\frac{2}{3}$	2.55	2.80 $\frac{1}{3}$	5.66 $\frac{2}{3}$	8.50	11.33 $\frac{1}{3}$	14.16 $\frac{2}{3}$	17.00
18.00	.30	.60	1.50	2.40	2.70	3.00	6.00	9.00	12.00	15.00	18.00
19.00	.31 $\frac{2}{3}$.63 $\frac{1}{3}$	1.58 $\frac{1}{3}$	2.53 $\frac{1}{3}$	2.85	3.16 $\frac{2}{3}$	6.33 $\frac{1}{3}$	9.50	12.66 $\frac{2}{3}$	15.83 $\frac{1}{3}$	19.00
20.00	.33 $\frac{1}{3}$.66 $\frac{2}{3}$	1.66 $\frac{2}{3}$	2.66 $\frac{2}{3}$	3.00	3.33 $\frac{1}{3}$	6.66 $\frac{2}{3}$	10.00	13.33 $\frac{1}{3}$	16.66 $\frac{2}{3}$	20.00
24.00	.40	.80	2.00	3.20	3.60	4.00	8.00	12.00	16.00	20.00	24.00

MAY.—MEMORANDUM.

5th mo. 31 days.

Moon's Phases.

D. H. M.
First Quar. 8 12 35 mo.
Full Moon. 15 1 35 mo.
Last Quar. 21 4 46 ev.
New Moon. 29 12 12 ev.

Day of Month.	Day of Week.	Washington Time.
1	W	H M H M H M
2	Th	5 2 6 52 8 24
3	Fr	5 1 6 53 9 22
4	Sa	5 0 6 54 10 20
5	Sun	4 58 6 55 11 20
6	M	4 57 6 56 morn
7	Tu	4 56 6 57 12 27
8	W	4 55 6 58 1 10
9	Th	4 54 6 59 1 50
10	Fr	4 53 7 0 2 30
11	Sa	4 52 7 1 2 57
12	Sun	4 51 7 2 3 33
13	M	4 50 7 3 4 21
14	Tu	4 49 7 4 4 51
15	W	4 48 7 5 5 20
16	Th	4 47 7 6 rises
17	Fr	4 46 7 7 8 55
18	Sa	4 45 7 8 10 52
19	Sun	4 44 7 9 11 48
20	M	4 44 7 10 morn
21	Tu	4 43 7 10 12 30
22	W	4 43 7 11 1 5
23	Th	4 42 7 12 1 34
24	Fr	4 42 7 13 2 5
25	Sa	4 41 7 14 2 35
26	Sun	4 40 7 15 3 10
27	M	4 40 7 16 3 40
28	Tu	4 39 7 16 4 25
29	W	4 39 7 17 sets
30	Th	4 38 7 18 8 10
31	Fr	4 37 7 18 9 4

Mr. Scott 2622

Mr. Loh 28
Jesse Loh 28.24

Dick 30 26

Ben 19 14

Mr. Birdwell 30 26

Bob 18 12

James 21 30 7

Boon 24 27

Artie Childs 22 19

Myrtle 20

Era

MALARIA.

Malaria, or Swamp Miasma, is supposed to be due to minute fungoid organisms generated in the decomposing vegetable matter of swamps, river beds, shallow ponds, and of recently upturned soils. One of its most striking and best known effects is Ague, or Chills and Fevers.

Many of its effects, however classed, are referred to other causes. The complexion of persons living in malarious districts is usually of an unhealthy or unnatural tint. Their gait and other motions are sluggish and sometimes feeble, They usually have weak digestion.

Biliousness caused by a malaria-poisoned liver is a frequent source of distressing sickness.

Pain in the left side is complained of, and an examination reveals to the sufferer that he has a lump there—Ague Cake. This lump or cake varies in size at different times and the pain is of a periodical character. Ague Cake is the diseased Spleen, a blood-making gland, and although the precise manner in which it acts upon the blood is unknown, that disease of the one immediately causes disease of the other is one of the best ascertained of medical facts,

Soon the patient becomes emaciated or lean, or else, if he seem to retain his plumpness, it is found that he is puffed up, and the complexion assumes a peculiar semi-transparent hue.

Females suffer greatly in the performance of natural functions of the sex, There is irregularity, scan-

(Continued on page 14.)

JUNE.

6th mo, 30 days,

Moon's Phases.

	D.	H.	M.
First Quar.	6.	2	54 ev.
Full Moon.	13.	8	51 mo.
Last Quar.	20.	2	28 mo.
New Moon.	28.	3	46 mo.

Day of Month,	Day of Week,	Washington Time.		
		Sun Rises,	Sun Sets,	Moon R, & S,
		H M	H M	H M
1	Sa	4 37	7 19	10 13
2	Sun	4 37	7 19	10 43
3	M	4 36	7 20	11 18
4	Tu	4 36	7 20	11 48
5	W	4 36	7 21	morn
6	Th	4 35	7 21	12 30
7	Fr	4 35	7 22	1 5
8	Sa	4 35	7 23	1 42
9	Sun	4 34	7 24	2 8
10	M	4 34	7 24	2 40
11	Tu	4 34	7 25	3 10
12	W	4 34	7 25	3 50
13	Th	4 34	7 26	rises.
14	Fr	4 34	7 26	8 50
15	Sa	4 34	7 26	9 50
16	Sun	4 34	7 27	10 40
17	M	4 34	7 27	11 20
18	Tu	4 34	7 27	11 53
19	W	4 34	7 27	morn
20	Th	4 34	7 27	12 18
21	Fr	4 34	7 27	12 54
22	Sa	4 35	7 28	1 27
23	Sun	4 35	7 28	1 56
24	M	4 35	7 28	2 24
25	Tu	4 35	7 28	2 54
26	W	4 35	7 29	3 18
27	Th	4 36	7 29	3 48
28	Fr	4 36	7 29	sits
29	Sa	4 36	7 29	8 39
30	Sun	4 37	7 29	9 18
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JUNE.—MEMORANDUM.

Mr Burdwell
Caton 199

Mys Dildar Cost
141

433

104
1430

71
242

171

199 199

5101

2

Malaria.

(Continued from page 12.)

tinness or excess of blood with pain in nearly all cases, caused by dangerous congestions which, if oft repeated, end in the formation of a Pelvic Tumor.

How to prevent and cure Malaria.

Malaria being dependent upon the introduction of the miasmatic poison into the blood, and its transmission through the system to the various organs, it is sufficient to fortify and enrich that fluid, so that it may thoroughly perform its task of annihilating and eliminating, or destroying and casting out the pernicious matter. Such a result will be brought about by the use of Brown's Iron Bitters. By its blood-purifying qualities it will enable the inhabitant of malarious sections to enjoy good health or to recover it when lost.

Persons whose business requires them to visit malarial sections, should, if possible, precede the same by a course of Brown's Iron Bitters, or at least take it during their stay and for a short time after their return, and thus thoroughly protect their systems from infection with malaria.

—:o:—

The Liver.

The Liver is one of the most important organs in the body and performs the most important functions in the maintenance of health. It is described as a sentinel which stands at the doorway to the circulation to prevent the entrance of poisonous substances into the blood. It plays a most important part in the process of digestion, as well as in destroying the poisonous materials which are absorbed from the intestinal canal.

(Continued on page 16.)

JULY.

7th mo. 31 days.

Moon's Phases.

	D.	H.	M.
First Quar.	6	12	51 ev.
Full Moon.	12	3	54 ev.
Last Quar.	19	2	37 ev.
New Moon.	27	7	5 ev.

Day of Month.	Day of Week.	Washington Time.		
		Sun Rises.	Sun Sets.	Moon R. & S.
1	M	4 37	7 29	9 52
2	Tu	4 37	7 29	10 28
3	W	4 38	7 29	10 50
4	Th	4 38	7 28	11 30
5	Fr	4 39	7 28	morn
6	Sa	4 40	7 28	12 7
7	Sun	4 40	7 28	12 40
8	M	4 41	7 27	1 10
9	Tu	4 42	7 27	1 42
10	W	4 42	7 27	2 35
11	Th	4 43	7 26	3 25
12	Fr	4 44	7 26	rises
13	Sa	4 45	7 25	8 27
14	Sun	4 45	7 25	9 12
15	M	4 46	7 24	9 50
16	Tu	4 47	7 24	10 25
17	W	4 48	7 23	10 51
18	Th	4 49	7 23	11 20
19	Fr	4 50	7 22	11 50
20	Sa	4 50	7 21	morn
21	Sun	4 51	7 21	12 24
22	M	4 52	7 20	12 52
23	Tu	4 53	7 19	1 33
24	W	4 54	7 18	2 25
25	Th	4 55	7 17	2 56
26	Fr	4 55	7 17	3 54
27	Sa	4 56	7 16	sets
28	Sun	4 57	7 15	7 59
29	M	4 57	7 14	8 40
30	Tu	4 58	7 14	9 10
31	W	4 59	7 13	9 33

JULY.—MEMORANDUM.

Don left
in April
E. S. So. was shot
in April
J. S. was captured
the eighteenth
Gave bond
Tuesday the
Court will be in
Aug. 1890
Grandma arrived
the twelfth
1890 33
52
59
20
764

The Liver.

(Continued from page 14.)

Diseases and disturbances of the liver invariably lead to much constitutional distress, hence its healthy action is necessary to good health. The liver is provided with a double circulation, that is, the blood from the arteries and veins, connected directly with the heart, passes freely through the organ and is more or less modified by it, and, in addition, there is what is known as the portal circulation, which contains the great portion of the products of digestion. Hence it will be observed that its functions are greatly complicated. The liver secretes a fluid which is known as the bile. This fluid is poured into the intestines during digestion and it serves several important duties. First, it assists in emulsifying the fats which are taken into the stomach during eating, and prepares a way for their absorption into the system. Second, it increases the movements of the bowels, which cause the food to pass along through the intestines and to be discharged. In other words, it prevents Constipation; and, thirdly, it assists in the absorption of gas which results during digestion, and thus prevents Colic. When the secretion of bile is arrested, or its escape into the intestines prevented, we have disturbances of digestion, the bowels become constipated, gas accumulates, and a sense of uneasiness is felt in the abdomen. When bile is formed often it is re-absorbed and gets into the system and gives a jaundiced appearance to the skin. If much bile is absorbed we have the disease known as Jaundice. The improper elimination of bile gives rise to the condition known as Biliousness. It will be observed, then, that the secretion and elimination of bile must go on to have good health. To secure the healthy function of the Liver the bowels must be kept open with Dr. Mettaur's Liver Pills, which act on the liver and cause the bile to escape properly. If this is done, and Brown's Iron Bitters is taken to cleanse the blood, the liver will do its duty.

AUGUST.

8th mo. 31 days.

Moon's Phases.

	D.	H.	M.
First Quar.	4	8	19 mo.
Full Moon.	10	11	35 ev.
Last Quar.	18	5	44 mo.
New Moon.		8	53 mo.

Day of Month.	Day of Week.	Washington Time.		
		Sun Rises.	Sun Sets.	Moon R. & S.
1	Th	5 07 12	10 2	
2	Fr	5 17 11	10 38	
3	Sa	5 17 10	11 0	
4	Sun	5 27 9	11 34	
5	M	5 37 8	morn	
6	Tu	5 47 7	12 30	
7	W	5 57 6	1 43	
8	Th	5 67 4	2 46	
9	Fr	5 77 3	3 55	
10	Sa	5 87 2	rises	
11	Sun	5 97 0	7 45	
12	M	5 106 59	8 14	
13	Tu	5 116 58	8 48	
14	W	5 126 57	9 15	
15	Th	5 136 55	9 35	
16	Fr	5 146 53	10 14	
17	Sa	5 156 52	10 50	
18	Sun	5 166 50	11 20	
19	M	5 176 49	11 50	
20	Tu	5 186 48	morn	
21	W	5 196 46	12 27	
22	Th	5 206 45	1 16	
23	Fr	5 216 44	1 40	
24	Sa	5 226 42	2 33	
25	Sun	5 236 41	3 50	
26	M	5 246 40	sets	
27	Tu	5 256 38	7 50	
28	W	5 266 37	8 20	
29	Th	5 276 36	8 50	
30	Fr	5 276 34	9 16	
31	Sa	5 286 33	9 46	

AUGUST.—MEMORANDUM.

Ben 12
 Mr. C. C. C. 29
 Ira 31
 Robert 28 110
 Jesse 20 71
 Martha 32 42
 Boon 22 62
 Bob 11 30
 James 19 31 C
 Leticia 19
 Lizzie 11
 Charlie 3.6

Constipation, Costiveness.

Constipation is a very common trouble with a large number of people. It simply means an insufficiency of evacuation from the bowels. In health the bowels should be moved once a day. In Constipation the interval between the movements runs into days. The constipated habit is formed by carelessness and inattention, and when once formed it leads to numberless evils. The bowels carry off the products of digestion after the nutritious properties have been absorbed. Hence, when these products are allowed to remain in the intestines, the whole system is disturbed. Indigestion is a common result of Constipation; next we find a sluggish and drowsy condition of the system. The individual is uncomfortable and unhappy, the skin is dry and clammy, and the blood is sluggish and unhealthy. Constipation is an abnormal condition, and it is more or less damaging to the other organs, such as the kidneys, skin and lungs, which have to perform a part of the duty which the bowels should discharge.

To overcome Constipation the first step consists in regulating the habit. An effort should be made regularly, at a certain hour each day, to evacuate the contents of the bowels. This effort should not be hurried. Next, articles of food should be used which favor the expulsion of the contents of the bowels. This food should consist of fruits, vegetables, figs and prunes. In other words, any food containing large quantities of vegetable fibre is best adapted for the constipated habit.

Persons who suffer from Constipation should first take a dose of Dr. Mettaur's Liver Pills to freely open the bowels, following this by taking Brown's Iron Bitters regularly until the trouble is removed.

SEPTEMBER.

9th mo. 30 days.

Moon's Phases.

	D.	H.	M.
First Quar.	2	2	27 ev.
Full Moon.	9	8	35 mo.
Last Quar.	16	11	31 ev.
New Moon.	24	9	34 ev.

Day of Month.	Day of Week.	Washington Time.		
		Sun Rises.	Sun Sets.	Moon R. & S.
1	Sun	5 29	6 31	10 10
2	M	5 30	6 30	10 56
3	Tu	5 31	6 29	10 50
4	W	5 32	6 28	morn
5	Th	5 33	6 27	12 51
6	Fr	5 34	6 26	2 1
7	Sa	5 35	6 24	3 0
8	Sun	5 36	6 23	4 12
9	M	5 37	6 21	rises
10	Tu	5 38	6 20	7 23
11	W	5 39	6 18	7 53
12	Th	5 40	6 16	8 18
13	Fr	5 41	6 15	8 53
14	Sa	5 41	6 13	9 18
15	Sun	5 42	6 12	9 50
16	M	5 43	6 10	10 27
17	Tu	5 44	6 9	11 26
18	W	5 45	6 7	morn
19	Th	5 46	6 5	12 23
20	Fr	5 47	6 4	1 23
21	Sa	5 48	6 2	2 30
22	Sun	5 49	6 0	3 39
23	M	5 50	5 59	4 51
24	Tu	5 51	5 57	sets
25	W	5 52	5 55	6 48
26	Th	5 53	5 53	7 26
27	Fr	5 53	5 50	7 59
28	Sa	5 54	5 48	8 38
29	Sun	5 55	5 46	9 18
30	M	5 55	5 45	10 9
....

SEPTEMBER.—MEMORANDUM.

Sept 9 Paid
 for Mr Calvert
 Chicken 2 dozen 40 cts
 Butter 30 cts
 Eggs 25
 Butter 70

Total amount
 83
 05 cts

HAVE YOU?

HAVE YOU FORCED

your *Brain* to do overwork until you are suffering from *Nervous Debility, Dizziness, Tremulousness, Low Spirits, Wakefulness* and *Loss of Vital Force*?

HAVE YOU GORGED

your *Stomach* with excessive quantities of *Food or Drink*, until worn out it refuses to do its duty, rejects the food offered, and with *Appetite destroyed*, and *Indigestion and Dyspepsia* resulting, it becomes your enemy?

HAVE YOU WORN OUT

your *Digestive Organs* by keeping them at work all the time, giving them no rest, until from the law of *Self-protection* they fill you with the torments of *Indigestion, Dyspepsia, Loss of Appetite* and perhaps *Vertigo*?

HAVE YOU STRAINED

your *Nerves* to test their strength, until in their weakness they repay you with a *Shattered Constitution, Lack of Energy, Premature Decay*, and that **KING OF PAINS—Neuralgia?**

If so you need

Brown's Iron Bitters,

Because it will correct these troubles.

OCTOBER.

10th mo. 31 days.

Moon's Phases.

	D.	H.	M.
First Quar.	1	8	26 ev.
Full Moon.	8	8	18 ev.
Last Quar.	16	7	30 ev.
New Moon.	24	9	18 mo.
First Quar.	31	3	23 mo.

Day of Month.	Day of Week.	Washington Time.		
		Sun Rises.	Sun Sets.	Moon R. & S.
1	Tu	5 56	5 43	10 57
2	W	5 57	5 41	11 56
3	Th	5 58	5 40	morn
4	Fr	5 59	5 38	12 45
5	Sa	6 0	5 37	1 58
6	Sun	6 1	5 35	2 57
7	M	6 2	5 34	3 58
8	Tu	6 3	5 32	rises
9	W	6 4	5 31	6 45
10	Th	6 5	5 29	7 14
11	Fr	6 6	5 28	7 44
12	Sa	6 7	5 26	8 20
13	Sun	6 8	5 25	8 57
14	M	6 9	5 23	9 38
15	Tu	6 10	5 22	10 29
16	W	6 11	5 20	11 30
17	Th	6 12	5 19	morn
18	Fr	6 13	5 18	12 20
19	Sa	6 14	5 16	1 25
20	Sun	6 15	5 15	2 34
21	M	6 16	5 14	3 37
22	Tu	6 17	5 13	4 40
23	W	6 18	5 11	5 50
24	Th	6 19	5 10	sets
25	Fr	6 20	5 9	6 44
26	Sa	6 21	5 8	7 21
27	Sun	6 22	5 6	8 10
28	M	6 23	5 5	9 7
29	Tu	6 24	5 3	10 10
30	W	6 25	5 2	11 12
31	Th	6 26	5 1	mor

NOVEMBER.—MEMORANDUM.

Porra 1 Cow
 Shethi 2 Cam
 M.B. 3 Cow
 3 four year olds
 3 calves

Steers 6
 year olds 6

Morning Sickness.

During pregnancy the digestive organs in women are almost sure to be disturbed by a reflex sympathy which exists between the stomach and womb. One of the earliest signs of pregnancy is Morning Sickness. It usually begins the first month after conception and it may last until the end, though in many women it comes, goes and then returns. No two women are affected in the same way. It is a very distressing affection in some women, and in others gives rise to no inconvenience whatever, save a slight nausea when rising in the morning. The nausea and vomiting are dependent upon a cause which cannot be removed until the end of pregnancy; hence, women troubled with this sickness must consent to become more or less martyrs for the time being. They may find comfort in simple remedies, but specifics are not known to exist.

The important line of treatment is to keep the bowels well open with Dr. Mettair's Liver Pills, to regulate the diet and avoid eating those articles of food which produce Indigestion. If there is much Heartburn Brown's Iron Bitters will relieve the distress. It is better to take breakfast in bed before rising, as this often prevents the nausea.

Various medicines have been recommended, but no single remedy will cure all cases. It is well to remember that the sickness usually subsides within course of a few weeks in most women.

Dr. N. S. Ruggles, Marion, Mass., says: "For enriching the blood and removing dyspeptic symptoms, I value *Brown's Iron Bitters* highly. It does not hurt the teeth."

Mr. H. W. Devere, Enfield Centre, N. H., says: "I have used *Brown's Iron Bitters* as a blood purifier with splendid results."

DECEMBER.

12 th mo. 31 days.

Moon's Phases.

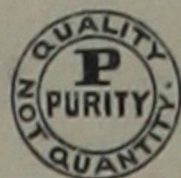
Full Moon. 7 4 45 mo.
Last Quar. 15 9 51 mo.
New Moon. 22 7 45 mo.
First Quar. 29 12 9 mo.

Day of Month.	Day of Week.	Washington Time.					
		Sun Rises.		Sun Sets.		Moon R. & S.	
1	Sun	7	0 4 39	12	24		
2	M	7	1 4 39	1	25		
3	Tu	7	2 4 39	2	26		
4	W	7	3 4 39	3	31		
5	Th	7	4 4 38	4	35		
6	Fr	7	5 4 38	5	4		
7	Sa	7	6 4 38	rises			
8	Sun	7	7 4 38	5	48		
9	M	7	8 4 38	16	37		
10	Tu	7	9 4 38	7	32		
11	W	7	10 4 38	8	27		
12	Th	7	11 4 38	9	26		
13	Fr	7	11 4 38	10	24		
14	Sa	7	12 4 38	11	27		
15	Sun	7	13 4 39	morn			
16	M	7	13 4 39	12	6		
17	Tu	7	14 4 40	1	25		
18	W	7	14 4 40	2	32		
19	Th	7	15 4 40	3	43		
20	Fr	7	15 4 41	4	52		
21	Sa	7	16 4 41	5	55		
22	Sun	7	16 4 42	sets			
23	M	7	16 4 42	6	6		
24	Tu	7	17 4 43	7	18		
25	W	7	17 4 44	8	27		
26	Th	7	17 4 45	9	37		
27	Fr	7	18 4 46	10	44		
28	Sa	7	18 4 46	11	52		
29	Sun	7	18 4 47	morn			
30	M	7	19 4 48	12	38		
31	Tu	7	19 4 48	1	35		

DECEMBER.—MEMORANDUM.

Dora Gock was
married to E. P. B.
the 12 of this month
in 1880 if had
lived would be
toss year this
December 1892

HEALTH BULLETIN.



Don't neglect its indications. They are personal to you. Study them carefully, understand them thoroughly, act upon them promptly.

INDICATION! Headache. It's a disordered Stomach. Most likely accompanied by Constipation. *Brown's Iron Bitters* will cure the Headache and Constipation too.

INDICATION! Nervous Headache. This means Weak Nerves, Excited Nerves, Nervous Prostration. All nervous troubles cured by the strengthening qualities of *Brown's Iron Bitters*.

INDICATIONS! Dyspepsia and Indigestion. Be careful of your diet. Look well to your habits. Give aid to these by using *Brown's Iron Bitters*. It will cure.

INDICATION! Biliousness. *Brown's Iron Bitters* is what you need. It will remove the cause and cure the disease.

INDICATION! Impure Blood. Causes no end of physical disturbances. Purify and enrich your blood and remove the cause of many diseases by using *Brown's Iron Bitters*.

INDICATION! That Tired Feeling. Don't neglect this. It's a storm signal. It's not a cause, but the result of physical derangement. Get rid of it at once. It means an exhausted body, an overworked brain. Give both the aid of *Brown's Iron Bitters*. It will restore the body and rest the brain.

INDICATION! General Debility. Results from inattention to the previous indications. Those complaints have produced this condition. Even now you can obtain relief and be cured by *Brown's Iron Bitters*.

LOCAL INDICATIONS! Malaria. You will find a certain remedy in *Brown's Iron Bitters*. It supersedes the use of other medicines and produces better and permanent results.

FEBRUARY.—ACCOUNT.

Ben	12
Bill B.	29
Ina	31
Luck	28
Jesse	

BROWN'S IRON BITTERS—A TRUE TONIC.

INTEREST TABLES.

4%	\$1	\$2	\$3	\$4	\$5	\$6	\$7	\$8	\$9	\$10	\$100	\$1000
4 DAY.	0	0	0	0	0	0	0	0	0	0	5	45
8 "	0	0	0	0	0	0	0	0	1	1	9	89
12 "	0	0	0	0	0	1	1	1	1	2	14	1.34
10 "	0	0	0	0	1	1	1	2	2	2	18	1.78
20 "	0	0	0	1	1	2	2	2	2	2	22	2.22
24 "	0	0	1	1	2	2	2	2	3	3	27	2.67
28 "	0	0	1	1	2	2	2	3	3	3	31	3.11
1 MO...	0	0	1	2	2	2	3	3	3	4	34	3.34
2 "	0	2	2	3	4	4	5	6	6	7	67	6.67
3 "	1	2	3	4	5	6	7	8	9	10	1.00	10.00
6 "	2	4	6	8	10	12	14	16	18	20	2.00	20.00
1 YR..	4	8	12	16	20	24	28	32	36	40	4.00	40.00

5%	\$1	\$2	\$3	\$4	\$5	\$6	\$7	\$8	\$9	\$10	\$100	\$1000
4 DAY.	0	0	0	0	0	0	0	0	0	0	6	56
8 "	0	0	0	0	0	0	1	1	1	1	11	1.11
12 "	0	0	0	0	1	1	1	2	2	2	17	1.67
16 "	0	0	0	1	1	2	2	2	2	2	22	2.22
20 "	0	0	1	1	2	2	2	2	3	3	28	2.28
24 "	0	0	1	2	2	2	3	3	3	4	34	3.34
28 "	0	1	1	2	2	3	3	3	4	4	39	3.39
1 MO..	0	1	2	2	2	3	3	4	4	4	42	4.17
2 "	1	2	3	4	4	5	6	7	8	9	84	8.34
3 "	2	3	4	5	6	7	9	10	11	13	1.25	12.50
6 "	3	5	8	10	13	15	18	20	23	25	2.50	25.00
1 YR...	5	10	15	20	25	30	35	40	45	50	5.00	50.00

6%	\$1	\$2	\$3	\$4	\$5	\$6	\$7	\$8	\$9	\$10	\$100	\$1000
4 DAY.	0	0	0	0	0	0	0	1	1	1	7	67
8 "	0	0	0	1	1	1	1	1	1	1	13	1.33
12 "	0	0	1	1	1	1	1	2	2	2	20	2.00
16 "	0	1	1	1	1	2	2	2	2	3	27	2.67
20 "	1	1	1	2	2	2	2	3	3	3	33	3.33
24 "	1	1	1	2	2	2	3	3	4	4	40	4.00
1 MO...	1	1	2	2	3	3	4	4	5	5	50	5.00
2 "	1	2	3	4	5	6	7	8	9	10	1.00	10.00
3 "	2	3	5	6	8	9	11	12	14	15	1.50	15.00
6 "	3	6	9	12	15	18	21	24	27	30	3.00	30.00
1 YR..	6	12	18	24	30	36	42	48	54	60	6.00	60.00

RECOMMENDED BY PHYSICIANS AND
DRUGGISTS.

30

MARCH.—ACCOUNT.

MARCH.—ACCOUNT.	
E & F	10072
E & F	29
of March	
E & F	29
May	19
Dora	29
May	29

Some Things that Brown's Iron Bitters will do.

One dose of *Brown's Iron Bitters* will correct Indigestion; and from one to three bottles (according to the severity of the case), will permanently cure the worst form of the complaint.

One to six bottles of *Brown's Iron Bitters* will cure Dyspepsia in its most aggravated state.

One bottle of *Brown's Iron Bitters* will ensure a hearty Appetite and increased digestion.

One or two bottles of *Brown's Iron Bitters* will cure General Debility, and give the enervated sufferer a new lease of life.

One bottle of *Brown's Iron Bitters* will dispel Nervous Depression and Low Spirits.

One or two Bottles of *Brown's Iron Bitters* will restore an exhausted Mother to full strength and energy, and give abundant sustenance for her child.

One bottle of *Brown's Iron Bitters* strengthens and vitalizes the Muscles, and makes a "new man" of the prematurely enfeebled.

One bottle of *Brown's Iron Bitters* overcomes tremulousness, wakefulness and lack of energy.

One or two doses of *Brow's Iron Bitters* relieves Neuralgia, but the contents of a bottle will be required to fully eradicate the disease.

One bottle of *Brown's Iron Bitters* will vivify and enrich vitiated blood.

One to five bottles of *Brown's Iron Bitters* will correct the evil of nocturnal non-retention of Urine in children or adults.

One bottle of *Brown's Iron Bitters*, used occasionally as a preventive, will keep off all Chills, Fevers and other Malarial poisons.

One dose of *Brown's Iron Bitters* will relieve Heartburn.

Brown's Iron Bitters is a True Tonic. It is the only efficient preparation of Iron that does not blacken the Teeth, or give headache. This is a great advantage and removes the chief objection to medicine containing Iron as a basis.

DO YOU SUFFER FROM FEMALE
WEAKNESS?

Mrs. Sallie Daries, 202 May Street, Peoria, Ill., says: "I received great relief from the use of *Brown's Iron Bitters*, for female weakness, Kidney and Bladder Trouble, when the attention of skillful physicians failed to relieve."

APRIL.—ACCOUNT.

LADIES

From all the diseases from which you especially suffer, from all the weakness—physical and mental, which tortures you, from your nervous prostration and bodily pains, there is relief in *Brown's Iron Bitters*. We offer this medicine to you as a tried and to-be-trusted friend. Many ladies, now living healthy, happy lives, having been freed from chronic difficulties peculiar to their sex, bear cheerful testimony to the value of this sovereign remedy for mental and physical suffering; this sure cure for nervous depression and bodily weakness known as Female Complaints.

Mrs. Lucinda Walker, South Norridgewock, Me., says: "I had nervous prostration, sick headache, no appetite, etc. A half bottle of *Brown's Iron Bitters* relieved me."

Mrs. Lydia Harding, Windham Centre, Me., says: "I suffered from headaches and bad feeling in stomach. *Brown's Iron Bitters* relieved me."

Miss Georgiana F. Way, North Charlestown, N. H., says: "I have taken *Brown's Iron Bitters* for general debility with favorable results."

Mrs. L. E. Fitch, Windsor, Vt., says: "I took *Brown's Iron Bitters* for weakness and prostration, and have been greatly benefitted."

Mrs. G. F. Cleverly, North Weymouth, Mass., says: "I used *Brown's Iron Bitters* as a strengthener and appetizer with best results. It has no equal."

Mrs. Nettie Hastings, Cambridgeport, Mass., says: "I suffered terribly with pain in head, lameness in side and back, short breath and coughing spells. *Brown's Iron Bitters* relieved me."

Mrs. H. S. Spier, 83 Decatur street, Boston, Mass., says: "*Brown's Iron Bitters* are just the thing for building one up. I used them for rheumatism, poor appetite and sleeplessness."

Mrs. Luther Thayer, 17 Monmouth street, Charlestown, Mass., says: "I used *Brown's Iron Bitters* for dropsy and kidney disease and have received great benefit."

Mrs. S. R. MacDonald, New Haven, Ct., says: "I suffered for six years from the effects of malaria. *Brown's Iron Bitters* cured me completely."

Mrs. Henry Conning, Hartford Ct., says: "*Brown's Iron Bitters* relieved me of general weakness and dyspepsia. It has made me quite strong."

Miss Josie Beeman, Bath, N. Y., says: "I was a great sufferer from general female weakness. *Brown's Iron Bitters* has given me great relief."

MAY.—ACCOUNT.

lots mare	3	May
2 brass pig	4	
mandy mare		
piney	1	4
grand mare	1	5
justed mare	2	1
Bay mare	2	7
Blaze for June	5	
35		
52		
33		
140		
	29	
	31	
	28	
	170	
	2	

STOP ONE MOMENT AND THINK.

BROWN'S
IRON BITTERS.

If you are sick and weak, what is the very first thing you need? Strength, is it not? Strength to enable the forces of Nature to overcome the fatigue of disease. *Brown's Iron Bitters will cure you.*

BROWN'S
IRON BITTERS.

If your blood is too thin and watery, if you are weak and languid, if you have no appetite, and feel debilitated and "all gone," have courage; *Brown's Iron Bitters will cure you.*

BROWN'S
IRON BITTERS.

If you feel dizzy, faint and gloomy, broken down and used up, if you are incapable of doing anything without getting worried, if life is becoming a burden, be of good cheer; *Brown's Iron Bitters will cure you.*

BROWN'S
IRON BITTERS.

If you have Dyspepsia, Indigestion, Sour Stomach, Neuralgia, or any of the evils proceeding from a Stomach out of order, or Nerves upset, never mind, *Brown's Iron Bitters will cure you.*

BROWN'S
IRON BITTERS.

If your Muscular and Sexual Powers have wasted and you begin to feel that manhood is lost, don't lose heart; *Brown's Iron Bitters will cure you.*

BROWN'S
IRON BITTERS.

If you, Nursing Mother, see your baby pining for lack of sufficient food and strength, if you are weary, despondent, and hysterical, you can be cured; *Brown's Iron Bitters will do it without fail.*

JUNE.—ACCOUNT.

TESTIMONIALS.

Rev. W. H. Chapman, Baltimore, Md., says: "Owing to the good health of my family from the use of *Brown's Iron Bitters*, I deem it a most valuable tonic.

Rev. W. J. Johnson, Woodberry, Md., says: "I have used *Brown's Iron Bitters* in my family and they have proven a splendid health invigorator."

Mr. S. A. Lane, Knoxville, Tenn., says: "Nothing ever gave me such satisfaction as *Brown's Iron Bitters* for headache, indigestion, etc."

Dr. W. J. Newhill, Carter's Creek, Va., says: "*Brown's Iron Bitters* is one of the best tonics and appetizers I have ever prescribed."

Miss L. Barton, 1108 West Chestnut street, Louisville, Ky., says: "*Brown's Iron Bitters* cured me of rheumatism when everything else failed."

Dr. M. E. Daughtry, Franklin, Va., says: "I am highly pleased with *Brown's Iron Bitters*, and believe it to be superior to all other iron preparations."

Mr. B. F. Linn, 2336 Main street, Wheeling, W. Va., says: "I had dyspepsia and felt debilitated. I used *Brown's Iron Bitters* and thereby improved my health."

Mrs. John Gilfillan, Parkersburg, W. Va. says: "I was weak, debilitated and had no appetite. *Brown's Iron Bitters* cured me at once."

Mr. J. W. Bordman, Valley Furnace, W. Va., says: "*Brown's Iron Bitters* quickly cured me of general debility and ill health."

Mr. Phil. G. Alston, Jr., Warrenton, N. C., says: "I have used *Brown's Iron Bitters* and consider it the best known remedy for indigestion."

Mr. Henry C. Pool, New Berne, N. C., says: "I tried *Brown's Iron Bitters* for general debility and received great benefit."

Mr. J. D. Suttentfield, Reidsville, N. C., says: "My wife has never felt her neuralgia since she used *Brown's Iron Bitters*. It improved her health greatly."

Rev. J. S. White, Rock Hill, S. C., says: "I used *Brown's Iron Bitters* for general debility. It has been of benefit in restoring me to health and vigor."

Mrs. F. A. Glenn, Wallaceville, S. C., says: "I had a serious attack of malarial fever. *Brown's Iron Bitters* restored me to perfect health."

Mr. J. T. Marshall, Pleasant Hill, S. C., says: "*Brown's Iron Bitters* gave me great relief from kidney complaint and backache."

AUGUST.—ACCOUNT.

TESTIMONIALS.

Mr. J. W. Bowman, Savannah, Ga., says: "The only relief I found for my dyspepsia was *Brown's Iron Bitters*. It cured me completely."

Mr. T. G. Hutchins, Jeffersonville, Ga., says: "*Brown's Iron Bitters* cured me of weak stomach and sick headache."

Mrs. Mary V. Green, Wadley, Ga., says: "I found relief from neuralgia and a weak stomach, debility, etc., by using *Brown's Iron Bitters*."

Mr. P. H. Cason, Santafee, Fla., says: "I had no appetite and was a mere skeleton full of neuralgic pains. *Brown's Iron Bitters* restored my health."

Mr. Albert Gregory, Quincy, Fla., says: "From experience and observation I think *Brown's Iron Bitters* a sure cure for chills and fevers."

Mrs. Emma Williams, Starkville, Miss., says: "*Brown's Iron Bitters* relieved my daughter of dyspepsia, and myself of general debility."

R. C. Newsum, Courtland Ala., says: "I used *Brown's Iron Bitters* for indigestion and debility, and it has done me great good."

W. T. Osborne, Coxville, Ala., says: "My mother and myself used *Brown's Iron Bitters* for rheumatism and neuralgia with great benefit."

Mr. F. R. Perryman, Mobile, Ala., says: "I used *Brown's Iron Bitters* for weak back and indigestion, and am now all right."

Mr. P. J. Johnson, Jackson, Miss., says: "*Brown's Iron Bitters* entirely cured me of chills and fever."

Mr. T. R. Schrimsher, Okolona, Miss., says: "I found ready relief from indigestion and headache by using *Brown's Iron Bitters*."

Mr. B. D. Fitzpatrick, Jackson, Miss., says: "I used *Brown's Iron Bitters* as a blood purifier and it has made me well."

Mr. J. Simpson, New Orleans, La., says: "I used *Brown's Iron Bitters* for loss of appetite and weakness. It fully restored my health."

Mr. E. J. Horner, New Orleans, La., says: "I had been a sufferer from malaria; used *Brown's Iron Bitters* and found great relief."

Mr. S. A. Larangee, Greensburg, La., says: "I used *Brown's Iron Bitters* for general ill health and received the greatest benefit."

SEPTEMBER.—ACCOUNT.

July 29	1890
Aug 8	1890

yy n r z y n c
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 for me

253 *Arctostaphylos*

38340

329 to Miles

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Brown's Iron Bitters

1889	Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.		1890	Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Jan.	6	7	8	9	10	11	12	BE	Jan.	5	6	7	8	9	10	11
	13	14	15	16	17	18	19	CAREFUL		12	13	14	15	16	17	18
	20	21	22	23	24	25	26	TO	Feb.	19	20	21	22	23	24	25
Feb.	27	28	29	30	31	OBSERVE		26	27	28	29	30	31	...
	3	4	5	6	7	8	9	THAT	Feb.	2	3	4	5	6	7	8
	10	11	12	13	14	15	16	EVERY		9	10	11	12	13	14	15
	17	18	19	20	21	22	23	GENUINE	Mar.	16	17	18	19	20	21	22
Mar.	24	25	26	27	28	BOTTLE OF		23	24	25	26	27	28	...
	3	4	5	6	7	8	9	BROWN'S	Mar.	2	3	4	5	6	7	8
	10	11	12	13	14	15	16	IRON		9	10	11	12	13	14	15
	17	18	19	20	21	22	23	BITTERS	Apr.	16	17	18	19	20	21	22
Apr.	24	25	26	27	28	29	30			23	24	25	26	27	28	29
	31	HAS	Apr.	30	31
	7	8	9	10	11	12	13	CROSSED		6	7	8	9	10	11	12
	14	15	16	17	18	19	20	RED LINES	May.	13	14	15	16	17	18	19
May.	21	22	23	24	25	26	27	AND		20	21	22	23	24	25	26
	28	29	30	TRADE	May.	27	28	29	30
	5	6	7	8	9	10	11	MARK		4	5	6	7	8	9	10
	12	13	14	15	16	17	18	ON	June.	11	12	13	14	15	16	17
	19	20	21	22	23	24	25	WRAPPER		18	19	20	21	22	23	24
June.	26	27	28	29	30	31	...		June.	25	26	27	28	29	30	31
	2	3	4	5	6	7	8			2	3	4	5	6	7	8
	9	10	11	12	13	14	15		July.	9	10	11	12	13	14	15
	16	17	18	19	20	21	22			16	17	18	19	20	21	22
	23	24	25	26	27	28	29		Aug.	23	24	25	26	27	28	29
July.	30			30
	7	8	9	10	11	12	13		July.	7	8	9	10	11	12	13
	14	15	16	17	18	19	20			14	15	16	17	18	19	20
	21	22	23	24	25	26	27		Aug.	21	22	23	24	25	26	27
Aug.	28	29	30	31			28	29	30	31
	4	5	6	7	8	9	10		Sept.	5	6	7	8	9	10	11
	11	12	13	14	15	16	17			12	13	14	15	16	17	18
	18	19	20	21	22	23	24		Sept.	19	20	21	22	23	24	25
Sept.	25	26	27	28	29	30	31			26	27	28	29	30	31	...
	1	2	3	4	5	6	7		Oct.	3	4	5	6	7	8	9
	8	9	10	11	12	13	14			10	11	12	13	14	15	16
	15	16	17	18	19	20	21		Oct.	17	18	19	20	21	22	23
	22	23	24	25	26	27	28			24	25	26	27	28	29	30
Oct.	29	30		Nov.	31
	6	7	8	9	10	11	12			7	8	9	10	11	12	13
	13	14	15	16	17	18	19		Nov.	14	15	16	17	18	19	20
	20	21	22	23	24	25	26			21	22	23	24	25	26	27
Nov.	27	28	29	30	31		Dec.	28	29	30	31
	3	4	5	6	7	8	9			5	6	7	8	9	10	11
	10	11	12	13	14	15	16		Dec.	12	13	14	15	16	17	18
	17	18	19	20	21	22	23			19	20	21	22	23	24	25
Dec.	24	25	26	27	28	29	30			26	27	28	29	30	31	...
	1	2	3	4	5	6	7			3	4	5	6	7	8	9
	8	9	10	11	12	13	14			10	11	12	13	14	15	16
	15	16	17	18	19	20	21			17	18	19	20	21	22	23
	22	23	24	25	26	27	28			24	25	26	27	28	29	30
	29	30	31			31

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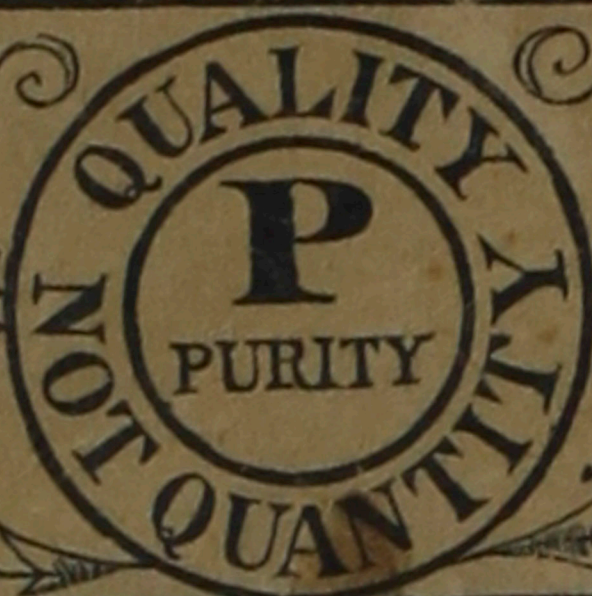
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	13	14	15	16	17	18	19	CAREFUL		13	14	15	16	17	18	19
	20	21	22	23	24	25	26	TO		20	21	22	23	24	25	26
Feb.	27	28	29	30	31	OBSERVE	Feb.	27	28	29	30	31
	3	4	5	6	7	8	9	THAT		3	4	5	6	7	8	9
	10	11	12	13	14	15	16	EVERY		10	11	12	13	14	15	16
	17	18	19	20	21	22	23	GENUINE		17	18	19	20	21	22	23
Mar.	24	25	26	27	28	BOTTLE OF	Mar.	24	25	26	27	28
	3	4	5	6	7	8	9			3	4	5	6	7	8	9
	10	11	12	13	14	15	16			10	11	12	13	14	15	16
	17	18	19	20	21	22	23			17	18	19	20	21	22	23
Apr.	24	25	26	27	28	29	30			24	25	26	27	28	29	30
	31			31
	1	2	3	4	5	6	7			1	2	3	4	5	6	7
May.	8	9	10	11	12	13	14			8	9	10	11	12	13	14
	15	16	17	18	19	20	21			15	16	17	18	19	20	21
	22	23	24	25	26	27	28			22	23	24	25	26	27	28
June.	29	30			29	30
	1	2	3	4	5	6	7			1	2	3	4	5	6	7
	8	9	10	11	12	13	14			8	9	10	11	12	13	14
	15	16	17	18	19	20	21			15	16	17	18	19	20	21
July.	22	23	24	25	26	27	28			22	23	24	25	26	27	28
	29	30			29	30
	1	2	3	4	5	6	7			1	2	3	4	5	6	7
Aug.	8	9	10	11	12	13	14			8	9	10	11	12	13	14
	15	16	17	18	19	20	21			15	16	17	18	19	20	21
	22	23	24	25	26	27	28			22	23	24	25	26	27	28
Sept.	29	30			29	30
	1	2	3	4	5	6	7			1	2	3	4	5	6	7
	8	9	10	11	12	13	14			8	9	10	11	12	13	14
	15	16	17	18	19	20	21			15	16	17	18	19	20	21
Oct.	22	23	24	25	26	27	28			22	23	24	25	26	27	28
	29	30			29	30
	1	2	3	4	5	6	7			1	2	3	4	5	6	7
Nov.	8	9	10	11	12	13	14			8	9	10	11	12	13	14
	15	16	17	18	19	20	21			15	16	17	18	19	20	21
	22	23	24	25	26	27	28			22	23	24	25	26	27	28
Dec.	29	30	31			29	30	31
	1	2	3	4	5	6	7			1	2	3	4	5	6	7
	8	9	10	11	12	13	14			8	9	10	11	12	13	14
	15	16	17	18	19	20	21			15	16	17	18	19	20	21
	22	23	24	25	26	27	28			22	23	24	25	26	27	28
	29	30	31			29	30	31

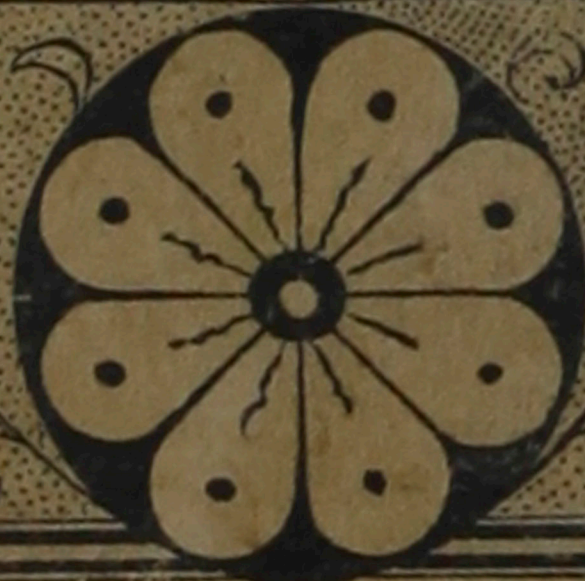
BE
CAREFUL
TO
OBSERVE
THAT
EVERY
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BOTTLE OF
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IRON
BITTERS**
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RED LINES
AND
TRADE
MARK
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