

News and Publications

Lubbock, TX 79409-2022
(806) 742-2136
FAX (806) 742-1615

MEDIA ADVISORY

REF: 1-5-30-90

CONTACT: Kim Davis

[MEDIA ADVISORY: You are invited to attend Sen. John Montford's lecture on disability insurance legislation at 8:30 a.m. Saturday (June 2) in Room 5B-148 of the Texas Tech Health Sciences Center.]

LUBBOCK -- The Texas Tech Health Sciences Center (TTHSC) on Saturday and Sunday (June 2-3) will host the Seventh Annual Symposium on Pain in Room 5B-148 of the TTHSC, located at 3601 Fourth St. Sen. John Montford is scheduled to discuss current disability insurance legislation during the 8:30 a.m. Saturday session.

Targeting health care professionals, the conference will focus on current concepts associated with chronic and acute pain control. Emphasis will be placed on the blending of scientific knowledge and clinical practice.

Physician registration is \$130. Non-physician registration is \$75. For more information, contact the TTHSC office of Continuing Medical Education at (806) 743-2929.

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FOR IMMEDIATE RELEASE

REF: 4-5-31-90

CONTACT: Steve Kauffman

(MEDIA ADVISORY: Media representatives are invited to attend the Texas Tech Excellence Scholarship Picnic at 12:30 p.m. June 1 on the Texas Tech campus. For more information about the minority scholarship program, contact Robyn Manning or Marlene Hernandez in the Office of New Student Relations, 742-1480.)

LUBBOCK -- Friday, 25 high school seniors from Lubbock will join a select group of former schoolmates currently on full scholarship at Texas Tech University. The students will be guests at an annual lunch to recognize recipients of the Texas Tech Excellence Scholarship.

The scholarship program was begun by the Office of New Student Relations in the spring of 1988 to attract and retain outstanding minority students from the Lubbock Independent School District.

This year's picnic will recognize the past and current scholarship recipients at 12:30 p.m. at the University Center north patio. Presentations during the patio picnic will be made by student recruitment personnel and university administrators.

Scholarship recipients are nominated from city high schools. Final selection is based on personal interviews and evaluation of academic and extra-curricular achievements. The students can renew the scholarships up to four years by maintaining a 2.25 grade-point-average.

During the spring semester, 45 Texas Tech Excellence scholars were enrolled in the university scholarships that paid full tuition and fees.

The 1990 scholarship recipients are:

Toni Benitez, Estacado High School, daughter of Leonard and Yolanda Benitez;
Michelle Blanco, Lubbock High School, daughter of Fidel and Irma Blanco;
Johnnie Bocanegra, Lubbock High School, daughter of Johnny and Julia Bocanegra;
Alicia Boswell, Dunbar High School, daughter of Ronald and Betty Boswell;
Cecellia Cantu, Monterey High School, daughter of Modolfo and Gwendolyn Cantu;
Latina Coleman, Dunbar High School, daughter of Reble Coleman;
Shaundra Felder, Estacado High School, daughter of Willie and Odessa Felder;
Patrick Ferrell, Estacado High School, son of Patricia Ann Ferrell;
Ruben Flores, Monterey High School, son of Ruben and Delma Flores;

-more-

TECH EXCELLENCE/PAGE 2

Henry Galindo, Lubbock High School, son of Henry and Ida Galindo;
Courtney Gamble, Dunbar High School, daughter of L.D. and Lauren Birdow;
Sophie Gonzales, Coronado High School, daughter of Juan and Patsy Gonzales;
Yvette Hernandez, Lubbock High School, daughter of Arnold Hernandez and
Rosa Wicker;
Alejandra Herrera, Coronado High School, daughter of Rodolfo and Yolanda Herrera;
Steven Jaime, Coronado High School, son of Lorenzo and Jamie Jaime;
Sandra Lee Lozana, Coronado High School, daughter of George and Emma Lozano;
Delfino Moreno, Monterey High School, son of Santos and Juanita Moreno;
Rachel Rodriguez, Dunbar High School, daughter of Gilbert and Juanita Rodriguez;
Ruth Rodriguez, Estacado High School, daughter of Cresencio and Enriqueta Rodriguez;
Benny Sanchez, Estacado High School, son of Florenzo and Teresa Herrera;
Jacob Sanchez, Estacado High School, son of Florenzo and Teresa Herrera;
Jessie Sanchez, Estacado High School, son of Dolores and Antonia Sanchez;
Kimberly Titus, Dunbar High School, daughter of Gwendolyn Titus;
Annie Walker, Estacado High School, daughter of Carolyn Walker;
Diane Zuniga, Estacado High School, daughter of Raymond and Virginia Zuniga.

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CALENDAR WEEK JUNE 1-8

REF: 5-5-31-90

CONTACT: News and Publications

(MEDIA ADVISORY: This Texas Tech calendar is compiled to let you know of upcoming events and releases and to serve as a reminder of releases already sent. If you need more information, call News and Publications at 742-2136.)

- JUN 1** National Cowboy Symposium and Celebration continues
Texas Tech University Center through June 3
(release ref: 12-5-23-90)
- Ex-Students Association Board of Directors meeting
Marriott River Center in San Antonio through June 2
- Texas Tech Excellence Scholarship recipients picnic
sponsored by the Office of New Student Relations
12:30 p.m., University Center north outdoor patio
(release ref: 4-5-31-90)
- JUN 2** Symposium -- "Seventh Annual Pain Symposium"
sponsored by the TTHSC department of anesthesiology, the Pain
Center and the Office of Continuing Medical Education
TTHSC Room 5B148 through June 3
(release ref: 1-5-30-90)
- JUN 3** Carillon recital -- Judson Maynard
8:15 p.m., Administration Building West Bell Tower
- JUN 5** First summer session university classes begin
- School of Nursing bi-annual program review by external reviewers
8 a.m. to noon, TTHSC 2C103
- JUN 7** Summer Outdoor Film Series -- "Licence to Kill"
9:15 p.m., north of the University Library

TEXAS TECH

University & Health Sciences Center

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FOR IMMEDIATE RELEASE

REF: 6-6-1-90

CONTACT: Chris Patterson
or Gayle Fulcher,
(806) 742-2352

LUBBOCK -- Professionals in the health care, pastoral and counseling areas will benefit from a workshop titled "Ethics and the Counselor" sponsored by Texas Tech University's Division of Continuing Education.

The workshop, originally scheduled for June 9, will be 9 a.m. to 4 p.m. June 30 in Room 111 of the Home Economics Building on the Texas Tech campus.

"Ethics and the Counselor" will examine the theories and principles which underlie difficult decision making in the counseling profession. Particular emphasis will be placed on ethical issues which arise in health care and educational settings. A variety of professional ethical codes will be examined in their application to every day practice. The relationship between personal and professional values also will be discussed.

Instructor for the workshop is Tom McGovern, Ed.D., an associate professor in the Texas Tech Health Sciences Center department of psychiatry. He also is program director of the Ethics/Medical Humanities Program which addresses ethical issues in health care settings. His major focus in both research and clinical work centers on the affective, ethical and spiritual components of addiction. McGovern is recognized in the United States and Europe for his contributions to the field of addiction.

Registration is \$59. The workshop is approved for Texas Association of Alcohol and Drug Abuse Counselors, Licensed Professional Counselors and Continuing Education Unit credit. Registration may be made by telephoning (806) 797-7203 and charging to MasterCard or VISA. Payment may be mailed to: Division of Continuing Education, 3223 South Loop 289, Suite 115, Lubbock, Texas, 79423; or payment may be made in person between 8 a.m. and 5 p.m. (excluding the noon hour) at either the South Loop 289 location or the Continuing Education Building at the corner of 15th Street and Akron on the Texas Tech campus.

For more information, contact the Division of Continuing Education at (806) 742-7203.

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HEALTH TIPSHEET

from

TEXAS TECH HEALTH SCIENCES CENTER

June 1, 1990

MIRACLE CURE -- Once thought to be the shining star in the cholesterol battle, new studies show that oat bran may not be that effective after all. According to Jan Fry, a TTHSC registered dietician, it's no wonder consumers are confused. For years now, consumers have been inundated with various cereal ads claiming to have the most oat bran in their product. Every trip to the grocery store turns up yet another product fortified with cholesterol-reducing oat bran. The truth of the matter lies somewhere in between, Fry said. Although oat bran may not be a miracle cure for high cholesterol, it still plays an important role in a healthful diet. For more on oat bran and a healthy diet, contact Fry at (806) 743-3150.

AN OUNCE OF PREVENTION -- Staying healthy is a life-long process that begins in our youth, yet so many people wait until middle age to begin healthy habits. High cholesterol, hypertension and various forms of cancer generally show up later in life, but the problems usually can be traced back to poor habits during the youthful years. A lot of people will visit their physician in their mid-50s expecting a "tune-up," said Mitch Jacques, M.D., of the TTHSC family medicine department. But it just doesn't work that way. Tuning up has to start in childhood and continue throughout life. More and more, Jacques said, physicians are recognizing the importance of prevention and are encouraging their patients to be aware of the fact that an ounce of prevention is, after all, worth a pound of cure. For more information on this topic, contact Jacques at (806) 743-2770.

For assistance on these or other stories,
contact Kim Davis or Preston Lewis at TTHSC
News and Publications, (806) 743-2143.

7-6-1-90